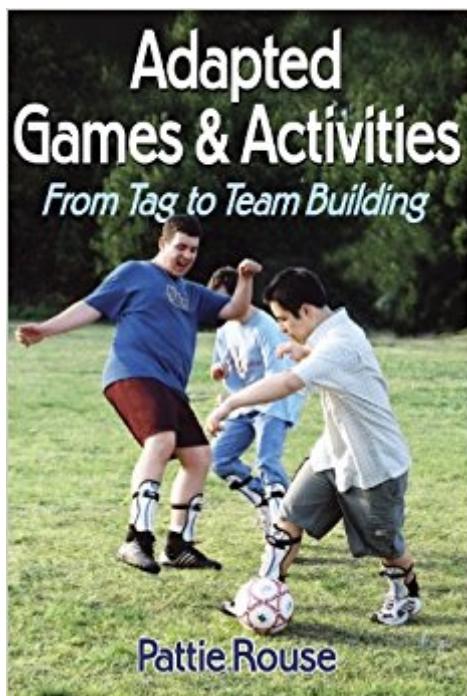


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# Adapted Games And Activities: From Tag To Team Building



## Synopsis

Nothing sparks a child's or adolescent's interest like a new game! *Adapted Games & Activities: From Tag to Team Building* provides a wealth of games to get your students and participants moving and having fun, regardless of their cognitive or physical ability levels. By offering exciting activities that entice your students to participate, you'll not only help them reap the enormous physical benefits of exercise, but you'll also provide opportunities for them to learn to share, express feelings, set goals, and function independently. The activities in this book have been proven to work in the real world of school and recreation settings. Author Pattie Rouse, an experienced adapted physical educator and recreation and sport leader, has designed and pilot-tested these games to enhance success while challenging participants to think and use their physical abilities. The games and activities range from low to high organization, from teacher directed to community based. You'll find the following in *Adapted Games & Activities*:-Teacher-directed games and activities provide you with a way to work on specific skills and movements with your students and participants and have fun at the same time.-Success-oriented tag, chase, and dodge games use a nonthreatening, interactive approach to give participants a sense of belonging and self-confidence, regardless of their physical abilities.-Team-building and cooperative games and activities teach group dynamics, self-esteem, respect, and trust.-Higher-organization games are for those students and participants who need a greater challenge. -Lead-up sport and leisure activities help your students and participants work toward playing sports in a school or community setting by developing sport-specific skills and tactics.Except for the higher-organization games, all games are simple, with few rules, so they're easy for students to comprehend. And since little or no equipment is required, your prep time is kept to a minimum. Better yet, you'll find variations for each game, as well as modifications and teaching tips, so that you can easily tailor each game to your participants' cognitive and physical abilities. And all the activities emphasize cooperation and team building to encourage social interactions, develop self-esteem, and build community spirit. Participants who enjoy and feel successful in physical activities are more likely to want to participate in the future, both in and outside of your program. Using *Adapted Games & Activities* will help you provide a foundation of success so that your students may experience a lifetime of physical fitness and the sense of accomplishment that goes along with it.

## Book Information

Paperback: 216 pages

Publisher: Human Kinetics; 1 edition (July 30, 2004)

Language: English

ISBN-10: 0736054324

ISBN-13: 978-0736054324

Product Dimensions: 6 x 0.5 x 9 inches

Shipping Weight: 12.6 ounces

Average Customer Review: 5.0 out of 5 stars 4 customer reviews

Best Sellers Rank: #659,771 in Books (See Top 100 in Books) #143 in Books > Health, Fitness & Dieting > Exercise & Fitness > For Children #157 in Books > Education & Teaching > Schools & Teaching > Special Education > Physically Disabled #1350 in Books > Textbooks > Education > Special Education

## **Customer Reviews**

Pattie Rouse has more than 20 years of experience teaching physical education to persons with disabilities. Building on her tremendous success using games to help all groups of learners develop team-building skills, she has also trained other teachers to use the same type of team-building programs. This book is an outgrowth of the positive results her methods have engendered. Rouse currently works for Georgia's Cherokee County school system, where she teaches adapted physical education at 11 schools. She is also co-coordinator and coach for the Cherokee County Special Olympics. She holds a BSED in health and physical education from Georgia Southern University and a master's of education in integrated studies from Cambridge College in Boston. She also has been trained in instructional strategies for children with emotional and behavioral disabilities, adventure-based counseling, and developmental therapy for children with autism. In 1995 Rouse received the Teacher of the Year award from Sixes Elementary School. Rouse lives in Marietta, Georgia, with her five dogs and cat. In her spare time, she enjoys hiking, biking, reading, and volunteering with dog rescue groups.

Have not read all, but have used several of these games with my students. Love how it is structured, with many adaptable suggestions.

This book is one of the best investments I have ever made. Loads of ideas, the students LOVE the games, no elaborate equipment needed, games are simple to understand and explain. I teach adapted PE to students 14-21 years old, some students are in wheelchairs, developmentally

disabled, visually impaired, etc.

I found this book in the university library to give me some better ideas to help me with the at risk and mental handicapp students I work with as an intern PE teacher. This book has helped me out greatly come up with some great ideas and activities to use in place of the typical gym lessons. This is a book that I highly recommend as a reference when working with special needs students. It gives a very good base for sports through different kinds of activities, as well as helping writing lesson plans out.

I bought this book to teach my special education students. This book has great tips and activities that children of all needs can benefit from. The manner of the book is written in a consise and easy to follow manner. I would recommend this book for anyone who teaches special education children or for those who have children at home with special needs.

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